Cryogenic $Q$-factor measurement of optical substrates for optimization of gravitational wave detectors

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Abstract
Future generations of gravitational wave interferometers are likely to be operated at cryogenic temperatures because one of the sensitivity limiting factors of the present generation is the thermal noise of end mirrors and beam splitters that occurs in the optical substrates as well as in the dielectric coatings. A possible method for minimizing thermal noise is cooling to cryogenic temperatures, maximizing the mechanical quality factor $Q$, and maximizing the eigenfrequencies of the substrate. We present experimental details of a new cryogenic apparatus that is suitable for the measurement of the temperature-dependent $Q$-factor of reflective, transmissive as well as nano-structured grating optics down to 5 K. In particular, the SQUID-based and the optical interferometric approaches to the measurement of the amplitude of vibrating test bodies are compared and the method of ring-down recording is described.

(Some figures in this article are in colour only in the electronic version)

1. Introduction

Gravitational wave detectors are amongst the most sensitive devices ever built. The currently operating detectors LIGO and GEO 600 [1] now reach the noise spectral densities for a strain measurement of $5 \times 10^{-22}$ Hz$^{-1/2}$ and $7 \times 10^{-22}$ Hz$^{-1/2}$, respectively. Upcoming generations of interferometric gravitational wave detectors with even better sensitivities—currently in the design state—will presumably benefit from cryogenic techniques to reduce the thermal noise of optical components. Currently a number of different substrate materials such as sapphire, calcium fluoride, and silicon in combination with dielectric coatings and nano-structured surfaces are being considered [2]. The goal is to find a combination that maximizes the mechanical quality factor $Q$ and the eigenfrequencies at some realistic cryogenic temperature [3]. It is therefore essential to measure the temperature dependence of the two quantities mentioned for a large variety of mirror substrates. Nano-structured optics comes into play because future gravitational wave interferometers will store laser powers of several megawatts to reduce photon shot-noise. The combination of both cryogenic temperature and high laser power is a technical challenge. Even the highest grade fused silica which is used as test mass material shows a residual absorption of the order 1 ppm cm$^{-1}$. Optics that transmits laser light is therefore heated. As a consequence the transmissive optics in high power interferometers cannot be held at its cryogenic operation point. Current research is investigating how beam splitters and cavity couplers can be replaced by reflective diffraction gratings based on nano-structured optics [4, 5]. The influence of nano-structures on the quality factor is still not understood. The new cryogenic apparatus described here is in line with the demand for new experimental data.
2. Experimental set-up

Figure 1 shows the schematic view of our new cryogenic apparatus allowing the measurement of the temperature dependence of the $Q$-factor in the range 5–300 K. It provides a He vapour-cooled probe chamber housing the pendulum suspended test body. For lowering the heat entry into the probe volume it is surrounded by two heat-radiation shields, one connected to the liquid helium tank and one to the liquid nitrogen tank. All shields and vacuum chambers are equipped with an optical window for an interferometric vibration read-out. For maintenance and test sample exchange all shields can be removed.

The probe volume is placed above the cryogenic tanks. This configuration enables the operator to build up easily different suspension systems at the cold plate to investigate the influence of the suspension system (e.g. wire length, material, diameter) on the measured $Q$-factor. Also, the excitation and read-out system can be fully adjusted before closing the cryostat.

The probe volume is cooled by the boil-off gas from the liquid helium tank using a heat exchanger at the bottom of the experimental platform. The helium gas flow is adjustable to control the cooling power. This technique provides low mechanical disturbances, which is an important issue due to the small vibration amplitudes to be measured. Another advantage of this design is that the boil-off rate of the helium tank is independent from the probe temperature.

The test sample is suspended as a pendulum inside the probe volume using tungsten wire with a diameter of 50 $\mu$m. This provides a low loss suspension and an excellent decoupling from outer mechanical disturbances.

To change the sample’s temperature helium gas with a residual pressure of about 100 Pa is applied to the probe volume. The probe volume temperature is controlled by a LakeShore 340 temperature controller [6]. For thermometry a second test sample (identical in shape and material) is placed in the probe volume. A silicon diode is attached to the second test body to measure its temperature. After thermal equilibrium is reached the probe volume is evacuated. With a vacuum better than $10^{-2}$ Pa a temperature drift of lower than 200 mK h$^{-1}$ was achieved.

The substrate is excited to its natural vibrations by the use of an electrostatic meander shaped exciter. By applying a high ac voltage to the meander strips an alternating electrical field is generated. This field generates an exciting force inside of the test body.

Currently we use a Michelson-like interferometer to detect the vibration amplitude. This technique is rather simple: the optical path to the substrate is compared with a reference path. The interferometer provides a sensitivity of about 0.5 nm with frequencies up to 100 kHz. The amplitude’s absolute value can be determined directly from the interferometer signals. A disadvantage of this interferometrical method is that this technique requires an optical port which also can introduce heat from the environment. To understand the temperature dependence of the energy dissipation in solids it is also necessary to perform measurements down to the millikelvin range. Previous investigations showed that the behaviour of the test sample below 4.2 K can change dramatically [7]. In this temperature region heat entrance becomes more important and eliminates the possibility of using a Michelson interferometer due to the windows in the cryostat needed for the measurement. Hence, it is desirable to use a set-up being well shielded from the surroundings. One issue of our work is to test the capability of the high-performance SQUID technique for cryogenic $Q$-factor measurements. A superconducting layer on one surface of the test sample is required for the SQUID-based read-out (figure 2). Thus, the operating temperature of this read-out technique is upwards limited to the $T_c$ of the superconductor. For SQUID measurements an area of about 1 mm$^2$ is sufficiently large (compared to the $3 \times 3$ inch substrate’s surface area this is only about 0.2%). Braginski et al [8] showed that the influence of a thin layer can be neglected for the ring-down experiments. A pick-up coil is placed close to the superconducting layer. The pick-up coil and the SQUID input coil form a superconducting loop. Using a heat switch (see figure 2) a persistent current is stored in the input circuit. The flux in this loop has to be constant. Thus, a small movement of the superconducting layer causes an additional current in this loop. This current is sensitively measured by the SQUID. This measuring technique was already tested using a low-temperature dc SQUID UJ111 and was found to meet the requirements [9, 10]. The SQUID sensor and read-out electronics were developed at Jena University [11].
position resolution was mainly limited by the intrinsic SQUID noise shown in figure 3.

Considering the flux conservation of the input loop of the detector and assuming small displacements $\delta x$ the possible resolution of this measuring device was found to be [12, 13]

$$\delta x = \frac{2}{k} \sqrt{\frac{L_I}{L_{SQ}}} \frac{1}{1} \delta \Phi_{SQ},$$ (1)

where $k$ is the coupling constant between input coil and SQUID loop, $L_I$ and $L_{SQ}$ are the input coil’s and SQUID’s inductance, $I$ is the current in the read-out circuit, $\alpha$ is the slope of the inductance–displacement transfer function, and $\delta \Phi_{SQ}$ is the flux noise of the SQUID. With typical parameters for a SQUID system using our SQUID UJ111 [11], e.g. $k = 0.9, L_I = 0.8 \mu H, L_{SQ} = 40 \mu H, \delta \Phi_{SQ} = 5 \times 10^{-6} \Phi_0$ Hz$^{-1/2}$, $I = 100 mA$, and $\alpha = 0.1 nH \mu m^{-1}$, the displacement spectral noise density is $\delta x = 3 \times 10^{-13}$ m Hz$^{-1/2}$. This exceeds the sensitivity given by the Michelson interferometer in use (approximately 0.5 nm at 100 kHz bandwidth).

3. Results

Different measurements have been done during commissioning of the cryostat. To test and characterize the new cryogenic set-up crystalline quartz and silicon were used as test materials. First the eigenfrequencies of the test samples were determined.

This was assisted by a FEA based on numerical modal analysis using the software package ANSYS to give an estimate of the eigenfrequencies. The test mass model was meshed into about 15 000 hexahedra with anisotropic material constants to meet the mechanical properties of the samples. Figures 4 represents the results of a mode scan of a crystalline quartz test sample.

In the frequency range from 10 to 100 kHz, 13 modes could be observed. Afterwards, the eigenfrequencies were determined more precisely by an additional scan with smaller frequency steps. Then the $Q$-factor of selected modes was investigated. Therefore the certain mode was excited. When the amplitude $a$ reaches an observable value the exciter is switched off and the free decaying vibration is recorded (figure 5). It follows an exponential law:

$$a = a_0 \cdot e^{-t/\tau}$$ (2)

where $a_0$ is the initial amplitude and $\tau$ the characteristic ring-down time of the system (the amplitude decays to 1/e of the initial value of the amplitude). The $Q$-factor—as a measure of internal dissipation—is defined as the ratio between the energy $E$ stored in a vibrating system and the energy loss $\Delta E$ per cycle of oscillation:

$$Q = \frac{2 \pi \cdot E}{\Delta E}.$$ (3)

Within the approximation of a low loss system, equation (3) can be rewritten as [8]

$$Q = \pi \cdot f_0 \cdot \tau$$ (4)

with the eigenfrequency $f_0$ of the test body and the ring-down time $\tau$ which is obtained from ring-down experiments. Figure 5 gives a comparison of the ring-down time of an eigenmode of a crystalline quartz sample at two different temperatures. By cooling down from 300 to 6.7 K the $Q$-factor increases from $3.0 \times 10^3$ to $3.3 \times 10^3$. This measurement was done at different temperatures with both crystalline quartz and silicon. The dependence of the measured $Q$-factor on...
the temperature is given in figure 6. At 37 K the \(Q\)-factor of crystalline quartz decreases due to impurities in the crystal [14]. These impurities distort the lattice and thus introduce an alternative equilibrium position with a slightly different energy of the oxygen atoms creating a two-level system. Transitions occur if the energy difference matches the thermal energy. In contrast, silicon shows an increasing \(Q\)-factor with decreasing temperature down to 18 K. Below 18 K the \(Q\)-factor decreases slightly.

4. Conclusion

A special cryogenic system for mechanical \(Q\)-factor measurements of test bodies was built. It allows the investigation of the \(Q\)-factor dependence on temperature in the range 5–300 K. Two possible read-out mechanisms were presented. First measurements with the optical interferometric read-out were done. On a silicon substrate \(Q\)-factors greater than \(10^8\) were demonstrated.

The SQUID-based read-out technique is an appropriate method for increasing the sensitivity of the measuring system at low temperatures. Furthermore it opens the usability of the ring-down-based \(Q\)-factor measurements at temperatures well below 4.2 K.

The cryogenic investigations of the dependence of the \(Q\)-factor of optical components on the temperature contribute to the enhancement of the sensitivity of gravitational wave detectors as well as to the improvement of knowledge of the dissipation mechanism in solids.

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